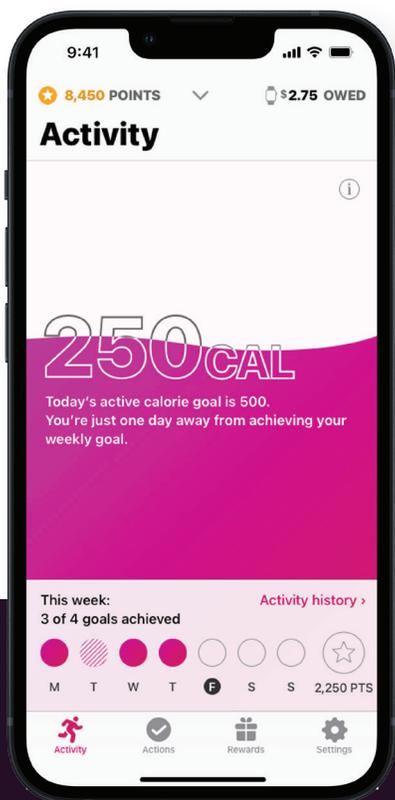




attain
by aetna

GET YOUR HEALTHY ON

The Attain by Aetna® app combines your health history with your Apple Watch® activity to offer personalized goals,* achievable actions and big rewards — like an Apple Watch or gift cards.



MORE THAN FITNESS

Hitting 10K steps doesn't motivate everyone to get healthier.

The Attain® app empowers and rewards you for getting healthier — in ways that work for you:

- » Reminders to get a flu shot and schedule an annual physical
- » Tips for healthier snacking, better sleep and improving mindfulness
- » Inspiration for increasing activity levels

200K+ ACTIVE USERS¹

20 BILLION CALORIES BURNED¹

\$8.7 MILLION EARNED IN REWARDS¹

IT'S WHY OUR USERS LOVE IT

80% ARE SATISFIED WITH THE APP¹

92% FEEL ATTAIN IS MAKING THEM HEALTHIER¹

HERE'S HOW IT WORKS

TO ENROLL, YOU MUST

- » Be at least 18 years old
- » Be an Aetna® medical member
- » Have an iPhone®

Don't have an Apple Watch?

Order one through the Attain® app and pay it off over 24 months with points earned from completing your activity goals and healthy actions. Get the Apple Watch SE or upgrade to another model for an additional up-front cost. All you'll pay initially is a \$15 activation fee + sales tax. Plus, any additional points earned can be redeemed towards gift cards, for a total value of \$300.**

Already have an Apple Watch?

Bring it and earn up to \$300 in gift cards from popular retailers.



DOWNLOAD + ENROLL TODAY

Just text **"ATTAINAPP"** to **37046** for a link to download



4.7 APP STORE® RATING²



Message & data rates may apply.***

*Goals and suggested health actions should not replace your doctor's advice. If you have a medical condition that prevents you from meeting your goals, or if your doctor advises you not to take part in physical activity, there may be an opportunity for you to earn the same reward in a different way. Call **1-833-288-2461 (TTY: 711)** to find out your options.

**Alternative rewards are available depending on user enrollment date. Meet your weekly activity goals and complete healthy actions to earn enough points to cover all or part of your monthly Apple Watch payment. Or to score gift cards.

***Terms and Conditions: [aet.na/2lyZvfc](https://aetna.com/2lyZvfc) Privacy Policy: [aet.na/2GqxsuN](https://aetna.com/2GqxsuN)

¹Based on Attain by Aetna® analytics data as of June 2021.

²Based on 28,000 ratings provided by App Store® customers as of September 2021.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna).

Rewards earned may be considered taxable income. Please consult your tax adviser if you have any questions regarding the taxability of rewards.

Participation in Attain® requires an iPhone 6S or later running iOS 14 or later, and an Apple Watch Series 1 or later. Please note that some models of Apple Watch may have different compatibility requirements. Please refer to Apple's website for further details to ensure compatibility with your phone.

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