



Top-notch

Quality inpatient care for substance use disorder Behavioral health Institutes of Quality® network

You deserve the best

Choosing a facility can be a hard decision. We understand you want to feel good about the choice you make. It's important to know the facility you choose provides the best care. Because confidence in your decision can help you on your journey to better health.

You have access to top-rated inpatient substance use disorder facilities known as **Institutes of Quality**. These providers can meet your needs by providing excellent care and a commitment to your improvement. And this means less of a chance for you to relapse or be readmitted.

Get the most out of your benefits

You also deserve the best care without paying more. These facilities are all in your network, so using them could help you better manage your costs.* You can use the provider search tool on your member website to easily view all in-network providers. That way, you can choose facilities that offer high-quality care, while getting more out of your benefits.

*How much you pay depends on your particular health plan.

Put your trust in facilities known for quality care.





- Follow the American Society of Addiction Medicine criteria
- Perform a complete assessment by a licensed or certified provider who looks at how you're doing physically, mentally and socially
- Involve your family/caregivers during treatment
- Have strong, individualized discharge planning processes
- Offer daily access to medical care
- Provide medication-assisted treatment that can help you avoid cravings and triggers to reduce the risk of relapse
- Use evidence-based practice assessments and tools
- Track and measure treatment progress and outcomes
- Gather routine patient feedback to continually improve care
- Keep full industry accreditation

What makes these facilities different?

Earning Institutes of Quality status with us isn't easy. To become part of this special network, facilities must meet strict standards for quality and efficiency.

Facilities must show:

- Patient safety
- Excellence in delivery of care
- High-quality services
- Commitment to continuous improvement

Support every step of the way

We're here to help you on your recovery journey. We can:

- Offer tools and easy-to-understand information to help you make wise decisions
- Connect you with a facility that meets your needs, providing the best care

Call us at the number on your member ID card. Or use the provider search tool on [aetna.com](https://www.aetna.com) to find a facility near you.

If you're not near an Institutes of Quality facility, this criteria can help you choose care for yourself or a loved one.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company and its affiliates (Aetna).



[aetna.com](https://www.aetna.com)