



Living Well Program – Enhanced

Earn up to \$120 in rewards

How it works:¹

Enroll in the Living WellSM program and earn rewards for participating in a variety of informative, fun and interactive activities including topics such as:

- Stress management
- Self-care
- Healthy eating
- Volunteerism
- Financial literacy
- Physical activity
- Environmental wellness
- Health plan literacy

Subscriber rewards – Earn up to \$120 in gift cards.

You'll earn rewards incrementally, so the more you participate in the program, the more rewards you earn. Subscribers can achieve up to eight levels, at \$15 each, for a total of \$120 in gift cards each year.

Covered dependents or employees who are not Harvard Pilgrim members can participate in a separate program where they can earn points towards monthly gift card drawings.

Well-being as you define it. A community, at your fingertips.

Our program is packed with tools that let you define your own vision of well-being. Here are some of the features:

- Customize to suit your goals
- Sync to your wearable device
- Connect with others for tips and advice

Our digital engagement platform is easily accessible from most devices so you can stay on top of your goals wherever you are.

> Get started at
harvardpilgrim.org/livingwellportal

¹ Rewards are available for fully-insured commercial accounts rated as large group, with 51-999 eligible employees. Effective January 1, 2025, rewards will also be available to fully-insured small group and individual members across all of the states in which we operate: MA, NH, ME and RI. Rewards may be taxable, please consult with your tax adviser.