

Healthcare concierge and caring advocacy.

Confidential, expert assistance, at no cost to you.

📞 assist@touchcare.com

🌐 www.touchcare.com



Who is TouchCare?

TouchCare is your personal health assistant. We're here to provide free, confidential assistance to help take the stress out of healthcare. Let us help find in-network doctors, get cost estimates, deal with billing issues and explain your benefits...all at no cost to you.

How can I get help?

You can reach your Health Assistant by calling 866-486-8242 (M-F, 8 am – 9 pm EST), visiting www.touchcare.com and logging into our member portal, emailing assist@touchcare.com, or by downloading our TouchCare app for your android or IOS device.



Here's how we can help you:

● Answer benefit questions in plain language

● Fix billing errors and review medical claims

● Provider searches and appointment scheduling

● Provide cost estimates for upcoming procedures

Confidential, compassionate support to help you save time, stress, and money.

Stay up-to-date with Touchcare on Instagram. Follow us: [@touchcarehealth](https://www.instagram.com/touchcarehealth)

Get in touch

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